

September 2017 – June 2018

Dear Dance Class Families,

Welcome to a new year of dance movement classes for all ages!



Our philosophy begins with the concept that dance arises from an active imagination and an intuitive mind. With this awareness life dances – trees dance with the wind, bees dance to share secret places of nectar and waves dance to wash rock faces. People dance to celebrate, to pray, to woo, to mourn, to meditate, to heal, and to express ideas not limited by words.

Through our own choreography, we embody the concept that dance movement involves purposeful integrated expression through the body. We dance from the inside.

It follows naturally that our classes build an appreciative community within which each student is safe to explore both traditional and expressive movement techniques.



Through physical exercises, we stretch and strengthen our bodies as well as our movement vocabulary. Through improvisation and choreography, we deepen our understanding that movement may be inspired by any of our senses, feelings or thoughts.

Within the class community, students work together to create their own dances, to appreciate the dance movements of others, and to feel proud of their abilities to communicate through their own dancing bodies.



Creative Ballet and Movement Studios classes for all ages are inclusive of all people. Please peruse our schedule and share it with your friends. Feel free to contact me with any questions.

I look forward to seeing you all - new faces, returning students and old friends!

Warmly, Lili

# Creative Ballet & Movement Studios

## Greenwich - Fall/Winter/Spring 2017-2018

**Fall Session:** 9/12/2017 – 12/12/2017  
Snow dates included

(class days are shaded)

Sept 2017						
Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Feb 2018						
Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

Oct 2017						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Mar 2018						
Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Nov 2017						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

**Spring Session:** 4/10/2018 – 6/12/2018

Apr 2018						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Dec 2017						
Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24/31	25	26	27	28	29	30

May 2018						
Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

**Winter Session:** 1/9/2018 – 3/27/2018

Jan 2018						
Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	21
21	22	23	24	25	26	27
28	29	30	31			

Jun 2018						
Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Sharing Day TBA

# **Creative Ballet & Movement Studios Greenwich - Fall/Winter/Spring 2017-2018**

103 Plow, Main Street (next to 111 Restaurant) in Greenwich

Lili Loveday, Instructor 518.480.5023

**JOIN AT ANY TIME DURING THE SESSION\*\***

Tuesdays:

## **Creative Movement and Introduction to Dance with arts \***

4:00-4:45pm (45 minutes): **ages 3 – 5 ½**

Welcoming circle, creative dancing to stories & poems, music-making, art activities & jumping games.

## **Beginning Dance Techniques: Ballet, Modern/Lyrical, Dance with arts \***

4:30-5:30pm (1 hour): **ages 6 ½ – 8 +**

Beginning ballet, modern dance techniques and student dance-making with costumes and props.

\* Class times overlap to allow different groups to work together on movement activities.

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## **STUDENT CREATIVITY AND CHOREOGRAPHY INCLUDED AT EVERY LEVEL**

- Please feel free to call Lili for details about class content.
- Classes are co-ed unless specified.
- Class times may overlap to allow different groups to work together on movement activities.
- Class levels will be designed to be age appropriate for those who attend regularly.
- In case of inclement weather, please feel free to call Lili or other students.

### **Attire** (bare feet):

- Children 7 and under may wear leggings and clothing comfortable for movement.
- Students 8 and up may wear black leggings or stretchy pants and a leotard or comfortable top.
- Older teens and adults may wear black leggings or stretchy pants and a comfortable top.

**Creative Ballet & Movement Studios**  
**Greenwich - Fall/Winter/Spring 2017-2018**  
**Greenwich 2016-2017 Session Tuition**

	<b>Fall</b>	<b>Winter</b>	<b>Spring</b>
<b>Class Length</b>	<b>12 weeks</b>	<b>10 weeks</b>	<b>10 weeks</b>
45 minutes	\$90.00	\$75.00	\$75.00
1 hour	\$120.00	\$100.00	\$100.00

Please pay within the first few weeks of session

**Discounted Fees (1 discount per family member)**

- Students are welcome to bring a friend (guest) to 2 classes (for free) during the session. ALL guests must have a liability permission slip signed by a parent.
- Students who miss up to 3 classes may make them up (free) at a class of a similar age group at any location.
- Students taking two class series within the same session take a 25% discount off the shorter class.
- Sibling discount is 15% off younger level class cost.
- Students traveling to class more than 15 miles take 15% discount off class cost.
- Please pay within the first few weeks of the class. If you are unable to pay the full fee: barter / partial scholarship will be available if you speak with Lili.
- \*\*Class session fees pro-rated only up to 50% for mid-session entrants.

**JOIN AT ANY TIME DURING THE SESSION\*\***

**Web site:** <http://www.dancelili.com>

**Contact us:** [info@dancelili.com](mailto:info@dancelili.com)